

Good Afternoon Kingsdale Community,

Dagwood's Lunch will be offered on **WEDNESDAY**, October 25th-and not Thursday.

We apologize for any inconvenience that this may cause.

Halloween Dance for Family & Friends at PCHS: We will still have some tickets available and they can be purchased at the door the day of the dance. Really hope to see you there!

We had a great assembly today. Thank you Mrs: Sandra King, Sandra Baldoni, Judi Thubron, Mrs. Suzannah , Mr. BW and Mr. C. Our students were quite engaged. The agenda included: The Courtesy Crew: How to act at an assembly? Friendship as one of the virtues this month, Peace Pals, W.I.T.S , and and the entire school joined in to sing "I Can Tell We Are Gonna To Be Friends." By Jack White performed by Mr. BW on guitar. At this time, the grades 4-5-6 remained in the Gym for the Motivational Speaker, Burky Reid! Our students really enjoyed and shared an interesting half hour.

Please take the time to view the site with your children, possibly engage in a conversation about what they liked about Burky's message.

Montreal Community Cares: A Message from the President and Founder

Denburk Reid

"Growing up, I was lucky enough to have met several amazing coach-mentors who took me under their wings. They didn't just teach me about sports – they taught me how to live a meaningful life. They guided me and kept me focused and out of trouble. Travelling to tournaments expanded my world and my vision of what was possible in life. I became hooked... on basketball, on learning, on being the best I could be, on the incredible power of mentoring and on giving back to the community."

Established in 2012, the Montreal Community Cares Foundation looks to empower our youth by developing their leadership skills through our programs, workshops and events, and by building bridges between communities. Our youth hold the key to Montreal's future. Our Programs:

- [Red Rush Basketball Leadership Program](#)
- [Montreal Community Cares and Shares](#)
- [Life Coaching for Teens](#)
- [EmpowerUs! Program for Teenage Girls](#)
- [Dance Leadership Program](#)

An annual Montreal Community Cares Awards Gala –please view our site.

montrealcommunitycares.com

Thank you ...Lucy Glave